Mon Health
Preston Memorial Hospital
150 Memorial Drive Kingwood, WV 26537
Café 150 Menu

Now Open for Lunch from 11:30am-1:30pm

* Healthier Choice

Calories noted in red.

Lunch 11:30-1:30

March 25, 2024		March 26, 2024		March 27, 2024		March 28, 2024		March 29, 2024	
Monday		**Tuesday**		**Wednesday**		**Thursday**		**Friday**	
Supreme Pizza Casserole/425	$4.50	Salisbury Steak/310	$2.50	Nacho Salad /640	$5.00	Mashed Potato Bowl	$4.00	Breaded Cod Fish Sandwich /3	$3.50
Grilled Cheese Sandwich	$1.10	Loaded Whip Potato/268	$1.20	Refried Beans/135	$0.75	W/nuggets, corn, ched./481		Hush Puppies 3/170	$0.75
White/280 Wheat/280		Winter Blend/90	$0.95	Corn/59	$0.95	Corn*/89	$0.95	Cole Slaw/134	$0.95
Corn Dogs/460	$1.60	Creamed Peas/130	$0.95	Chicken Salad Sandwich	$2.50	Whipped Potatoes/85	$1.00	Steamed Veggie Blend */83	$0.95
		Chicken Fillet/325	$2.00	Wheat /365		Popcorn Chicken/260	$2.00	Mac & Cheese/325	$1.30
				White/365					
Grilled Cheese/210	$1.10	Grilled Cheese/210	$1.10	Grilled Cheese/210	$1.10	Grilled Cheese	$1.10	Grilled Cheese/210	$1.10
Broccoli & Cheese Soup/375	$1.50	Creamy Mac & Cheese Soup/261	$1.50	Potato Soup/355	$1.50	Vegetable Soup/51	$1.50	Tomato Soup	$1.20

Dinner 5:15-6:00

Monday		**Tuesday**		**Wednesday**		**Thursday**		**Friday**	
Roasted Turkey/ 105	$2.50	Cream Chicken-½ cup/143	$2.50	Chicken Alfredo/831	$2.50	Meat Loaf /235	$2.50	General Tso's Chicken/325	$3.00
Whipped Potatoes */85	$1.00	w/ Biscuits	$3.50	w/Noodles	$3.00	Whipped Potatoes */85	$1.10	Fried Rice/275	$1.00
Peas & Carrots / * 38	$0.95	w/ Whipped Pot & Biscuit	$4.25	Italian Blend /142	$0.95	Lima Beans / ½ cup- 80	$0.95	Egg Roll/265	$1.25
Turkey sandwich	$2.80	Extra Gravy	$1.25	Fish Fillet Sandwich/365	$2.50	Chicken Salad Sandwich	$2.50	Mandarin Veggies */25	$0.95
w/ 443 wh/443		Carrots /38	$0.95	Fish Fillet /260	$2.50	Wheat /365			
w/ Potatoes / 85 w gravy +25	$3.60	Grilled Cheese/160	$1.00			White/365			
		Tomato Soup*/90	$1.10						